

St Saviour's C of E Academy

PSHE Policy

September 2019

Aims and Objectives

At St Saviour's Academy, we work to provide a broad and balanced curriculum for PSHE (Personal, Social and Health Education) and Citizenship. We strive to develop the two main aims set out in the National Curriculum guidance for schools:

- Promotes the spiritual, moral, cultural, mental and physical development of pupils at the school and of society
- Prepares pupils at the school for the opportunities, responsibilities and experiences of later life

(2002 Education Act and the 2010 Academies Act)

At St Saviour's Academy, we encourage our pupils to become healthy, independent and responsible members of society, able to make informed choices. We encourage them to play a positive role in contributing to the life of our school and our community.

Although subject to time change, we aim to cover six strands across each year group, these are;

- Me and My School (Autumn 1)
- Me and My Safety (Autumn 2)
- Me and Other People (Spring 1)
- Me in the World (Spring 2)
- Me and My Relationships (Summer 1)
- Happy and Healthy Me (Summer 2)

We identify the values of *friendship, honesty, respect, perseverance, forgiveness and aspiration* throughout the PSHE curriculum.

Teaching and Learning Style

The implementation of our PSHE policy is age appropriate and highly differentiated depending on the year group of the child. We use a range of teaching styles to ensure that all pupils learn and make good progress.

Children are involved in discussions, investigations, problem-solving activities and topic-based learning. Children have the opportunity to work in different groupings within the classroom, for example, whole class, in pairs, ability groups, friendship groups and mixed groupings. Our pupils take part in a range of activities that promote our school values and we aim to end each lesson or activity linked to PSHE with time for reflection on personal and social learning, believing that our pupils will develop important life-skills and self-knowledge during PSHE sessions.

Teaching staff will not present their views as inherently, keeping their own opinions private. Freedom of speech will be valued, however, equally not intimidated, abused or judged.

PSHE and Citizenship Curriculum Planning

The PSHE curriculum is delivered through timetabled lessons and cross-curricular themes. We may also teach PSHE through:

- On-going classroom learning when it links to our topics.
- Assembly-time, including “Celebration assemblies” and “Values assemblies.”
- Circle time
- Whole-school events, for example, the visit of a theatre company, highlighting a PSHE issue, “Anti-Bullying Week” or themed days and/r weeks, including such as red nose day, sports and comic relief.
- Visits/trips out of school
- Difference and Diversity sessions.

PREVENT

The PSHE curriculum will also cover ‘PREVENT’. Prevent is a Government initiative that seeks to counter terrorism at an impressionable age. This scheme of work enables children to consider multiple identities, tolerances and develop resilience towards risky behaviours, through advice, support and education.

Drugs

Our PSHE scheme of work will cover drug safety in relation to keeping and storing medicines and medicine safety throughout the school. Staff will sensitively discuss age appropriate drug safety in relation to solvents,

tobacco and medicines and children will reflect on the consequences of taking risks, media messages and explore attitudes around drug misuse. Children will discuss in a safe and reserved manner, peer pressure related to drug abuse, making decisions and strategies for saying 'no'. Please see the Drugs Education Policy.

Foundation Stage

We relate all PSHE aspects of work to the objectives set out in Development Matters. The teaching of "Knowledge and Understanding of the World" also supports citizenship education. Pupil's progress towards goals is updated each term.

Equal Opportunities

The school's PSHE program of study is designed to promote the achievement of our aims and to ensure that the children have equal access to them, inclusive of every child.

To achieve this, the school's approach to PSHE will take into account and be differentiated if appropriate of:

- Ethnic and cultural diversity
- Varying home backgrounds
- Special educational needs

Pupils who are assessed to be vulnerable and when necessary, children will receive additional PSHE support e.g. one to one support, additional conversations or explanations.

Monitoring and Review

The PSHE co-ordinator is responsible for monitoring the quality of teaching and the standards of work. They support colleagues and share current developments, initiatives and challenges any colleagues providing the PSHE curriculum may face. The PSHE co-ordinator checks coverage of PSHE areas of learning by studying the examples of teaching and evidence collected.

Relationships and Sex Education (RSE)

RSE is taught throughout our PSHE lessons. Please see RSE policy on our website to find out more.

B. Stephenson

Reviewed and updated: September 2019

This policy will be reviewed annually.